

Menu

↳ Street Kitchen 25



Name	Portion Name	Portion Size g	Label Energy kcal	Label Energy kJ	Label Carbohydrate g	Label Protein g	Label Sugars g	Nutri-Score ↻
Wk 1 Mon			3224	13535	328	180	31.2	
Slow Cooked Beef Chilli Macaroni Melt	1 Serving	360	711	2979	59	41	4.7	A
Greek Spanikopita Flatbread with Tza...	1 Serving	240	490	2063	74	17	4	B
Toasted Cheesy Garlic Chicken Wrap	1 Serving	257	512	2146	31	43	2.1	B
Toasted Cheesy Garlic Quorn Wrap	1 Serving	167	408	1704	32	20	2.5	C
Crispy Chicken Wrap with BBQ Sauce	1 Serving	278	610	2563	70	27	8.2	B
Bang Bang Chicken with Spring Onio...	1 Serving	283	493	2080	62	32	9.7	B
Wk 1 Tue			2540	10642	242	120	23.7	
Crispy Katsu Chicken Burger with Cu...	1 Serving	315	558	2344	73	20	5	A
Macaroni Cheese	1 Serving	344	688	2884	70	29	12	B
Jamaican Beef Patty	1 Serving	283	865	3605	51	35	3.2	D
One Pot Jollof Rice with West African...	1 Serving	392	429	1809	48	36	3.5	A
Wk 1 Wed			3609	15153	314	269	47	
Honey Roast Gammon with Skin-On ...	1 Serving	246	312	1306	25	21	4	A
Slow Roast Pork with Skin-On Roast ...	1 Serving	254	393	1648	26	32	1	A
Marinated Roast Chicken with Skin-O...	1 Serving	368	570	2382	22	48	1	A
Marinated Roast Quorn Fillet with Ski...	1 Serving	223	254	1063	24	11	2.4	A
Roast Pork & Stuffing Baguette	1 Serving	167	433	1824	51	33	2.9	B
Hot Roast Gammon Baguette	1 Serving	192	368	1558	54	27	5.9	C
Roast Chicken & Stuffing Baguette	1 Serving	267	511	2153	51	44	2.9	A
Hot Honey Chilli Chicken with Salt & ...	1 Serving	339	396	1668	37	38	21	A
Baked Cajun Cod Taco with Crunchy ...	1 Serving	175	372	1551	24	15	6.1	B
Wk 1 Thur			2540	10643	236	136	24.8	
Homemade Chicken & Leek Pie, mas...	1 Serving	360	615	2584	60	39	2.1	A

Creamy Sweetcorn Pot Pie	1 Serving	239	303	1269	33	9.2	5	A
Hearty Sloppy Joe on Garlic Baguette	1 Serving	150	288	1206	33	10	4.7	B
Chargrilled Cheeseburger with Sauce...	1 Serving	325	861	3592	56	42	4.7	D
Chipotle Chicken, Lime & Corn Open ...	1 Serving	362	473	1992	54	36	8.3	A
Wk 1 Fri			2597	10913	356	87	32.1	
Hand Battered Fish And Chips	1 Serving	347	502	2124	90	22	0.7	B
Battered Fish with Chips	1 Serving	245	388	1628	46	15	1	A
Spicy Bean Burger with Salsa in a Sof...	1 Serving	319	580	2442	91	17	8.5	A
Loaded Pizza Fries	1 Serving	270	471	1965	41	16	3.9	C
Sweet Chilli & Soy Glazed Vegetable ...	1 Serving	299	656	2754	88	17	18	B
Wk 2 Mon			3390	14263	404	176	49	
Creamy Cajun Chicken Meatballs, Sp...	1 Serving	349	638	2682	73	34	8.5	B
Creamy Cajun Salmon, Spaghetti & G...	1 Serving	272	472	1990	59	28	6.4	B
Onion Bhaji Sub with Red Slaw & Min...	1 Serving	215	508	2138	75	13	10	C
Taco Beef Baked Burrito	1 Serving	262	609	2545	39	35	4.8	C
Keralan Chicken & Lentil Coconut Kor...	1 Serving	286	471	1984	49	34	4.4	A
Roasted Vegetable Lasagne	1 Serving	238	371	1566	56	16	8.4	A
Rich Italian Style Pasta Bolognese VE	1 Serving	288	321	1358	53	16	6.5	A
Wk 2 Tue			2478	10375	229	128	25.7	
Bangers with Bubble & Squeak & Oni...	1 Serving	452	761	3176	62	27	6.8	C
Veggie Bangers with Bubble & Squea...	1 Serving	324	415	1731	35	18	7.5	A
Chilli 'Non' Carne Loaded Wedges	1 Serving	253	270	1132	32	12	3.1	B
Hot Shot Chicken Parmo	1 Serving	223	475	1994	54	21	6	B
Nut Free Pork/ Chicken Satay, Sticky ...	1 Serving	328	557	2342	46	50	2.3	B
Wk 2 Wed			992	4169	104	62	14.1	
Plant Based Sausage Toad with Skin-...	1 Serving	288	479	2006	44	22	5.1	A
Hawaiian Chicken with Coconut Rice	1 Serving	330	513	2163	60	40	9	A
Wk 2 Thur			1856	7803	178	139	20.5	

Tex Mex Chicken & Jalapeno Cheese ...	1 Serving	321	457	1916	23	44	5.5	B
Margherita Pasta Bake	1 Serving	254	540	2271	73	21	7.9	B
Salt & Pepper Chicken Flatbread with...	1 Serving	260	351	1479	33	36	2.9	A
Piri Piri Chick 'n' Rice	1 Serving	314	508	2137	49	38	4.2	A
Wk 2 Fri			2348	9881	341	85	17	
Hand Battered Fish And Chips	1 Serving	347	502	2124	90	22	0.7	B
Battered Fish with Chips	1 Serving	245	388	1628	46	15	1	A
Falafel Burger & Chips with Raita	1 Serving	308	515	2172	84	16	6.1	A
Loaded Pizza Fries	1 Serving	270	471	1965	41	16	3.9	C
Singapore Noodles with Vegetable S...	1 Serving	268	472	1992	80	16	5.3	B
Wk 3 Mon			2310	9722	255	168	36.2	
Jerk Chicken Leg with Rice & Peas	1 Serving	341	496	2099	46	65	3.8	A
South Indian Vegetable Curry, Chapat...	1 Serving	319	472	1980	63	15	6.8	A
Grilled Hunters BBQ Chicken Sub Roll	1 Serving	190	383	1619	56	26	8.1	B
Singapore Black Pepper Chicken with...	1 Serving	342	704	2958	72	45	13	B
Baked Herb Crusted Cod with Roast ...	1 Serving	204	255	1066	18	17	4.5	A
Wk 3 Tue			2398	10065	252	133	26.6	
Cheesy Fajita Beef Pasta Bake	1 Serving	410	828	3469	73	47	11	B
Summer Pesto Pasta & Garlic Slice	1 Serving	262	425	1783	56	13	4.2	A
Portuguese Chicken Tasca Flatbread	1 Serving	335	576	2429	72	39	5.5	B
Chicken Saag with Coconut Rice & In...	1 Serving	362	569	2384	51	34	5.9	A
Wk 3 Wed			624	2620	67	32	16	
Korean Bulgogi Beef with Fragrant St...	1 Serving	401	624	2620	67	32	16	B
Wk 3 Thu			2651	11110	277	117	34.4	
Indian Mixed Grill	1 Serving	217	368	1538	27	22	3.5	A
Indian Style Mixed Grill VE	1 Serving	180	317	1330	39	7.7	4.3	B
Creamy Cajun Pasta Bake	1 Serving	286	668	2798	75	19	9.5	C
Choripan with Chimmichurri Salsa	1 Serving	161	524	2191	52	17	3.7	D

Vegetarian Choripan with Chimmichu...	1 Serving	209	371	1558	49	15	7.8	A
Grilled Chicken Roti with Slaw & Hot ...	1 Serving	267	403	1695	35	36	5.6	A
Wk 3 Fri			2516	10555	311	83	22.3	
Hand Battered Fish And Chips	1 Serving	347	502	2124	90	22	0.7	B
Battered Fish with Chips	1 Serving	245	388	1628	46	15	1	A
Homemade Cheddar, Sage & Onion S...	1 Serving	245	537	2244	51	15	2.7	C
Loaded Pizza Fries	1 Serving	270	471	1965	41	16	3.9	C
Oriental BBQ Vegetable Stir Fry Nood...	1 Serving	275	618	2594	83	15	14	C

TOTALS:		105672	443678	3894	1915	421		
AVERAGES:		1448	6078	53	26.2	5.8		